



The Academy of
Systematic Kinesiology

LEADING THE WAY SINCE 1985

PROFESSIONAL PRACTITIONER PACK

COURSE INFORMATION DATES & FEES

Everything you need to know, and apply for the course.



TASK Practitioner Course Contents

What T.A.S.K. Professional Training will do for you.....	3
Why study with TASK?	3
First in the field.....	3
T.A.S.K. teaches clinically tested authentic kinesiology	3
Continually updated course notes	4
Hands on practical work throughout.....	4
Proven practice building, and practice management approaches	4
Kinesiology practised holistically out performs other modalities.....	4
Backed and supported by the pre-eminent professional association	4
About the course.....	5
Constant student support	5
A successful practice is the end result	5
Diploma training course.....	5
Training structure.....	6
1: Pre-requisite: Balanced Health Foundation Course	6
2: Anatomy and Physiology Requirement	6
3: Professional Work with Clients & Case Histories	6
4: Clinic Practice	6
Course structure	7
Orientation.....	7
Intensive week workshop (6 day workshop).....	7
Modules 1 & 2	7
Modules 3 & 4	7
Modules 5 & 6	7
Modules 7 & 8 - Structural.....	8
Modules 9 & 10 - Consolidation, practice and mock exam.....	8
Practitioner exam	8
Clinic Practice Sessions under Supervision.....	9
Student Code of Conduct & Course Responsibilities.....	10

Course Attendance & Punctuality.....	10
Missed Modules	10
Written assignments.....	10
Positive Benefits of the Course.....	11
Professional Practitioner Dates, Venues and Fees.....	12
2015/16 Dates.....	12
Course Venue.....	12
Course Fees & Funding.....	13
Application Form.....	13



Professional Practitioner Kinesiology Course

What T.A.S.K. Professional Training will do for you

- ✓ Learn Authentic Kinesiology From Highly Experienced Trainers
- ✓ Help You Take The Guesswork Out And Find The Root Of Problems
- ✓ Stimulate Your Mind And Enhance Your Thinking Processes
- ✓ Your Own Health Will Improve
- ✓ Establish A Profitable Business With Little Or No Capital
- ✓ Give You Personal Satisfaction From Helping More People
- ✓ Help Your Personal And Business Relationships Dramatically
- ✓ Inspire You To Have More Confidence In Your Abilities
- ✓ Help Children Do Much Better At School
- ✓ Help Parents With Hyperactive Or ADD/ADHD Children
- ✓ Help Yourself & Others Enjoy An Improved Lifestyle

Why study with TASK?

Those who seek personal development know it is one of the most exciting pursuits anyone can engage in. The Tutors are constantly gratified by the way students of the Academy grow, develop and progress so much during the period of the course. One reason for this is that the course is not only about Kinesiology, it also teaches you how to be a Practitioner. It offers very powerful and practical ways to communicate and interact with others in order to create more harmonious and productive relationships both professionally and personally. This is why we truly believe TASK has the edge over much shorter courses offering the same qualification. We do not just teach you advanced techniques and theory, TASK teaches you how to be an all round successful practitioner.

First in the field

The Syllabus Was Developed by The Pioneers of Kinesiology In Britain. You get the benefit of the most experienced trainers in Kinesiology.

T.A.S.K. teaches clinically tested authentic kinesiology

The material of the course is drawn from the body of thoroughly researched information called, "Applied Kinesiology (A.K.)" although we do not use the term "Applied Kinesiology" in the UK as that is the patent name in the USA. Holistic authentic material is taught and although they are very similar S.K. also adds in emotional and nutritional work used in a systematic way, therefore we refer to the term Systematic Kinesiology (S.K.).

Continually updated course notes

Valuable reference material for right and left brain learning and to refer to during and when qualified all included in the price of the course.

Hands on practical work throughout

This is a practical, as well as a theoretical course. You learn best and most easily by doing. All students get to experience practice as the practitioner and have all the treatment a client would get.

Most courses include quantities of material you have to study and may never use. What you learn you will use. You will enjoy the mix of information, demonstration, and practical hands-on learning.

Proven practice building, and practice management approaches

You may start to build a secure business with tried and tested procedures taught on the course, practice for a fee from the beginning of the course. Kinesiology is safe and effective you can be insured and earn an immediate expense income from day one. This also helps you build a practice while you are training.

Kinesiology practised holistically out performs other modalities

The “client driven” truly holistic approach, with muscle testing analysis of the mental, chemical, physical, and energetic realms makes each treatment totally individual. Kinesiology allows you to be specific to each person’s symptoms and needs to solve problems faster. You will succeed where other modalities fall and your practice will build from recommendations. Please look at our testimonials page.

Backed and supported by the pre-eminent professional association

Our students are required to become associate members of The Association of Systematic Kinesiology (A.S.K.), and to be insured to practice on clients from day one. Part of the course requirement is for students to see on average two clients a week over the course period. In this way, the course expenses may be mostly met. The course includes business advice and lectures on building a really successful holistic health care practice. Membership of the Association of Systematic Kinesiology ensures your protection, support, and provides a list to the public for referrals.

About the course

Our Principals father, Brian H. Butler was the first to introduce Kinesiology to Britain. T.A.S.K. have pioneered structured Professional courses since 1976. With over twenty-five year's experience of training, backed by one of the leading Kinesiological physicians in the world, Dr Sheldon C Deal. N.M.D., the Academy has put together the finest part-time course in pure Advanced Kinesiology. It is based on a selection of over two hundred of the most powerful, clinically researched, reproducible techniques, discovered over the last twenty years. These are clearly explained in module based notes written specially for the course. The course equips you to deal with most common ailments that are not disease. Students often say they learn more of practical value in a few weeks, than they did in their whole college career or university degree. Please check out our [testimonial page](#).

Constant student support

Counsel is always available from highly qualified Tutors. We encourage our students to call, e-mail or text with any queries, problems or for help with clients, as they crop up.

A successful practice is the end result

Upon passing the exam, Graduates qualify to be included as a professional member of the Association's Practitioner List to receive referrals. Thousands of these lists are posted and emailed each year, so members of the public can find their nearest trained Kinesiologist. By graduation, most students who follow the advice given already are building a successful practice.

Diploma training course

Further in depth training on more advanced material ensures you are able to extend your knowledge to full Diploma Level if you wish. The Diploma Course gives you yet more powerful techniques and ways of looking at the body to enable you to resolve an even wider range of problems and conditions faster and or deal with unusual and extreme cases. Details of how you can achieve this status may be received on request after graduation.

Training structure

1: Pre-requisite: Balanced Health Foundation Course

Completion of the T.A.S.K. Balanced Health Foundation Course Levels 1 to 6, including 60 class hours and completed homework handed in within six months from level 6.

2: Anatomy and Physiology Requirement

Students need to qualify in Anatomy & Physiology (A & P) to V.T.C.T. or ITEC Diploma or other equivalent level of training. This may be completed before the Practitioners course or after, we do not suggest during due to overload. However this must be completed before the Certificate is issued. If you choose to take the A&P course after the Practitioners course you have (6) months from the exam date to complete the A&P course, if you exceed this deadline you will need to re-sit a Practitioner module at the cost of £200.

T.A.S.K suggests Essential Training Solutions for a reasonable online A&P course that we accept, for full information please view Online Courses on the '[COURSES](#)' page.

3: Professional Work with Clients & Case Histories

Over the period of the professional training, students are required to be insured, be associate members of A.S.K. and to see an average of two clients per week who are charged an expense fee. Students are required to complete and submit case studies for clients seen professionally and send in 4 per month for assessment. 30 in total.

4: Clinic Practice

Attendance is mandatory at the required number of clinic practice sessions. To fulfil this valuable part of the course takes careful advanced planning. This is a practical exam and assessed from a professional standpoint of organisation, and responsibility. Failure to do the required sessions will result in postponing certification.

Students bring their own client to the Academy for professional supervision with a T.A.S.K. approved practitioner for assessment. The session is 1½ hours and is included in the price of the course fee. If the session is not satisfactory then a second clinic practice will be set, which will need to be paid for. The current rate 2015/16 is £95.

Course structure

Orientation

This first weekend will help make the Foundation course completely fall into place. You are given goal balancing tools, review of all muscles for specific problem areas, Repetitive Strain Injury, Weak Ankles/Knees, bladder and more for shoulders and arms, so provides more tools for the job.

Intensive week workshop (6 day workshop)

Kinesiology Techniques and Communications Training - emphasis on communications incorporating NLP. Self-esteem, personal development, counselling skills and presentation skills. Practice of the 'wheel balance' daily. Powerful additional techniques for injury's/sports problems/emotional issues. Also Practice Management advice to help build a successful practice.

"Cementing" of all you have done so far. With two balancing sessions daily – you get good at what you know! Great week, great information, great safe environment and great fun!

Modules 1 & 2

Module 1 - Food Sensitivities and Allergies. Most reliable method of assessment. With this module under your belt you will be confident in finding food sensitivities and giving dietary advice to help get people back to vibrant health.

Module 2 - The Ileocecal Valve (ICV) Syndrome. The Ileocecal valve and the Houston valve have a huge part in lowering general health when malfunctioning. You will learn how to detect and fix the answer to many people's health problems. Learn about the ICV syndrome, which can solve chronic T.A.T.T. & I.B.S. symptoms.

Modules 3 & 4

Module 3 - The Immune System – Long term health by defeating free radicals. When you know how to address, build and boost the Immune System (everyone's have different requirements) people's feelings of "being run down", "frequent infections", "tired all the time", "feeling below par", etc will ebb away.

Module 4 - The Endocrine System – key to health and solving chronic ill-health. This module covers the basis of most illness. The Endocrine system is "the core" of one's health and how the body is able to run itself. You will learn how to assess and restore this vital system which gets people well. It changes many symptoms you wouldn't necessarily associate with the Glandular system.

Modules 5 & 6

Module 5 - Resolve Fears, Anxieties and Traumas. Build Self – Esteem, goals for self & client. This emotional module will equip you to help others (and yourself) resolve traumas both past and present. Emotions are often ignored or buried which can be just as congesting as eating "junk food". Learn how to 'release' negative traumas/emotions/habits, 're-program' the brain positively and then to 'set' your work tapping into the unconscious mind to hold the changes in place.

Module 6 - Electro-Magnetics, Aura, Chakras – the body's "electrics". This module is a real energy wow! Learn how important and real our energies are – how they are affected and ways to bring them back into a harmonious state of balance. Learn how to keep grounded and centred.

Modules 7 & 8 - Structural

Module 7 - Temporo-Mandibular Joint (TMJ) and Structure. The Temporo-Mandibular Joint (T.M.J.) is responsible for many imbalances around the body. We look into and learn how this can affect people detrimentally. This structural technique will enable you to change the way people feel instantly.

Module 8 - Necks and Shoulders – the “Diamond” Approach. Learn how to detect and correct short or long term neck and back problems with this amazing approach to “where it is it isn’t”.

Modules 9 & 10 - Consolidation, practice and mock exam

Module 9 - Low Back – the “H” Approach - Pelvis. A very high percentage of people suffer and live with lower back pain for no apparent reason. Learn how to deal with this problem from a M.C.P.E. view point, and rid people of their pain. Review, Practice workshop.

Module 10 - Clinic Practice demo, Review and Mock Exam. Tutors clinic practice demonstration, review and mock exam for your revision.

Practitioner exam

Exam for Professional Registered Certification.

Two and a half hours written paper. 10 a.m. – 12.30 p.m.

PLEASE NOTE: You will need to arrange for time off work for the weekday sessions.

Clinic Practice Sessions under Supervision

An extremely important part of the Professional training is for Students to have experience of seeing clients in clinic conditions under the supervision of a T.A.S.K. Tutor. This forms a vital and necessary part of the Course structure of Professional training.

The Academy requires graduates to bring at least one Client to the clinic. This is included in the price of the course. The session needs to be up to a good standard to pass, if the treatment is not up to the required standard then the student will be called back for another session. If you are required to come back the fee will be £95.

The Appointments will be set up by the Principal. Clinic times on specific days will be set aside for this purpose, and these dates will be made available to the Students. Appointments will be set up on an hour and a half basis. The Student will need to plan to arrive at the same time as the Client if they are travelling separately.

The first fifteen minutes will be an opportunity for the Student to talk to their client and look at or take case notes and discuss the current situation. The next hour is treatment time. The tutor will not usually interrupt the session although will give help if asked. The final fifteen minutes is available for the student to express how they felt about the session and for the tutor to give the student feedback and any suggestions. This is done privately.

These are clinical assessments. Please view as revision and plan to enjoy them! This whole procedure is designed further to enhance the self-esteem of the Student, and to encourage the confidence of the Client in the Student, and in Kinesiology, and to give the student valuable opportunities to work with other practitioners. Students who approach these sessions with a good positive attitude, enjoy them and gain greatly from them.

PLEASE NOTE: All clinic practice sessions will be held at:

The Academy of Systematic Kinesiology.

16 Iris Road,

West Ewell,

Epsom.

Surrey.

KT19 9NH.

Student Code of Conduct & Course Responsibilities

We have over twenty eight years experience in teaching Advanced Systematic Kinesiology and helping others to use these techniques. The Code of Practice and Ethics are provided to help students to get the best out of the Course, We want every student to derive the maximum benefits from the information both for their own development, and for those they will help with their health care.

The T.A.S.K. Professional Training sets forth the ways to practice over a hundred specific techniques to enable Graduates to be able to provide outstanding service to those in need. All techniques have been clinically tested by physicians, and are perfectly safe when carried out as demonstrated and practiced in class.

Course Attendance & Punctuality

Punctual attendance at all sessions is required for graduation. Failure to attend any of the course sessions, or absence from part of any sessions will need to be made up and arranged with a tutor.

The Tutors are responsible for starting the sessions on time. This policy will be adhered to even if everyone in the group is not present. Please plan to arrive early. When a drinks break or lunch break is announced, please be responsible to be back in your seat at the time requested. This is so we can cover all the material in the time allotted.

Missed Modules

The cost is £300 per missed module and will be the responsibility of the student, to re-schedule and pay the tutor. If a day is missed, and not made up in good time becoming qualified and receiving your certificate will be delayed.

Written assignments

Written case studies are a very important part of the overall work of the Professional Course. The work is expected to be handed in on time, this being four case studies per month. The deadline for completion is three (3) months from the exam date. If you exceed this deadline you will need to re-sit a Practitioner module at the cost of £200.

Positive Benefits of the Course

From day one, you will be able to help a wider variety of people who suffer from unpleasant symptoms and common ailments, and will learn many ways to enhance health and well-being for all ages. Get the most you can out of the course, by focusing on what you know, not what you do not know or have not learned yet. You get good at what you practice regularly, with two clients per week and class workshop you will have plenty of hands on experience of treatments, your success will build confidence.

The course will take you deeper through all the realms to find where the root of problems lie and there are many techniques for emotional, chemical, physical and energetical work. The course is structured in the same way as the Foundation Course - explanation, demonstration and practice. Many students find the course extremely helpful personally as you will be working through your own emotional issues and physical imbalances throughout.

The course gives you many tools that you will require to be a good well rounded practitioner, some you will use all the time, others rarely although they are still as necessary when you are faced with the problem they can help you fix.

Most of the techniques are easy to master and apply although the results are amazingly powerful therefore people generally feel the benefits quickly, this will help you build your practice, as people talk and the best advertising is through your clients recommendations.

Most people desperately need better health, happiness and balance, you will be equipped with an abundance of practical ways of how to achieve these goals, both for your clients, yourself, and your family.

We hope this page fully explains our Professional Practitioner Course to become a fully qualified Kinesiologist. Any queries you may have might be answered on our 'frequently asked questions (FAQ's) page', if not please do not hesitate to contact us with any question or comments you still may have.

[CLICK HERE TO READ TESTIMONIALS](#)

[CLICK HERE TO EMAIL US](#)

Professional Practitioner Dates, Venues and Fees

2016/17 Dates

MODULE/EVENT	2015/16 DATES
Orientation	Saturday 3rd and Sunday 4th September 2016
Intensive Week Workshop	Monday 3rd October to Friday 7th October 2016
Modules 1 and 2	Saturday 19th and Sunday 20th November 2016
Modules 3 and 4	Saturday 10th and Sunday 11th December 2016
Modules 5 and 6	Saturday 21st and Sunday 22nd January 2017
Modules 7 and 8	Saturday 25th and Sunday 26th February 2017
Modules 9 and 10	Saturday 25th and Sunday 26th March 2017
Exam Morning and First Aid	Saturday 20th May 2017 (Time: 10 am to 12.30 pm)
A.S.K. Day	To be confirmed.

Course Venue

COLUMBIA HOTEL - LANCASTER GATE - LONDON W.2.

The Columbia Hotel is opposite Hyde park, on the corner off the Bayswater Road roughly equidistant (5 minute walk) between the two nearest tube stations, Queensway or Lancaster Gate.

Course Fees & Funding

This is probably the most thorough course available in Systematic Kinesiology, with the unique approach of balancing holistically the four human realms simultaneously, Mental, Chemical, Structural, Energy/Environmental, "In the Mode".

It is stressed that those taking the Practitioner Training Course are entering into a professional arena where the hourly earnings rate when seeing clients averages between £40 - £100. To become a successful practitioner, you will need to build your confidence step by step, the two case studies per week and the clinic practice sessions help to build this up.

The Practitioner Training Course costs £3,350 (including VAT) which includes all course manuals.

The payments options are listed below.

A) IN FULL	£500 deposit with application and then £2850 two weeks before Orientation. Total £3,350
B) OVER 6 MONTHS	£500 deposit with application, then 6 months at £485 Total £3,410 (inc. £60 admin fee).
C) OVER 12 MONTHS	£500 deposit with application, then 12 months at £247.50 Total £3,470 (inc. £120 admin fee).

PLEASE NOTE

The cost is £300 per missed module and will be the responsibility of the student, to re-schedule and pay the tutor. If a day is missed, and not made up in good time becoming qualified and receiving your certificate will be delayed. Please note if there is more than 1 student the cost may be less.

This is down to the tutor(s) discretion.

Deposits are not refunded unless in exceptional circumstances we are forced to cancel.

Application Form

There is an application form below for you to fill in and send to;

TASK
16 Iris Road
West Ewell
Epsom
Surrey
KT19 9NH

If you have any further questions or queries please get in touch to speak to us on 020 8391 5988 or email us at info@kinesiology.co.uk. We are here to help.

PROFESSIONAL PRACTITIONER TRAINING COURSE

APPLICATION FORM FOR PROFESSIONAL CERTIFICATION

PLEASE COMPLETE THIS FORM IN BLOCK CAPITALS

TITLE		FIRST NAME		SURNAME	
ADDRESS					
POSTCODE					
HOME PHONE		MOBILE PHONE		WORK PHONE	
EMAIL				D.O.B.	
PRESENT OCCUPATION					
PROFESSIONAL QUALIFICATIONS					
SUMMARY OF EDUCATION					

PREREQUISITE

It is a requirement for you to have completed Foundation Course, Levels (1 to 4 minimum) or a recognised equivalent within a year of applying for the Practitioners course. Please provide a copy of your certificate with this form. Please state details below.

INSTRUCTOR		DATE COMPLETED	
------------	--	----------------	--

PERSONAL HEALTH INFORMATION

HAVE YOU HAD ANY SERIOUS ILLNESSES?		IF YES PLEASE STATE	
DO YOU HAVE ANY CURRENT HEALTH PROBLEMS WHICH WOULD/MIGHT EFFECT YOUR STUDIES?			
IF YES PLEASE STATE			

(PLEASE TURN OVER)

DO YOU EXERCISE REGULARLY?		IF YES PLEASE STATE	
HAVE YOU TAKEN INTO ACCOUNT THE AMOUNT OF STUDY TIME INVOLVED OUTSIDE CLASS HOURS AND THE COST OF TRAVELLING?			
		HAVE YOU READ THE PRACTITIONER INFO PACK CAREFULLY?	
DO YOU AGREE TO THE SPECIFIC CONDITIONS SET OUT IN THE STUDENT CODE OF CONDUCT T.A.S.K. REQUIRES?			
	PLEASE GIVE YOUR REASONS FOR TAKING THIS PARTICULAR COURSE WITH TASK:		
I WISH TO APPLY FOR THE COURSE SCHEDULED TO COMMENCE ON:			

PAYMENT TERMS

The Practitioner Training Course is £3,350 including V.A.T. (Reg. No. 861 4135 39 U.K.)

PLEASE NOTE: Students will only be permitted to attend course modules if all fees are paid up to date. If you require a CATCH UP Module this will be an extra fee of £300 payable to the Tutor. If for any reason you withdraw from the course at any time, you must have paid the Academy sufficient funds to cover the parts of the course completed. If the whole fee has been paid, part of the fees may be refunded, dependent upon how much of the course has been completed.

Payment Schedule: If accepted, I agree to pay the fee of £3,350 as follows:

- A)** £500 deposit and £2850 two weeks before Orientation (Start of course) Total £3,350.
- B)** £500 deposit with application then 6 months at £485 (inc. £60 admin fee) Total £3,410.
- C)** £500 deposit with application then 12 months at £247.50 (inc. £120 admin fee) Total £3,470.

Please write **A, B or C** in the box.

I enclose The Professional Training application together with deposit fee of **£500**. Please make your deposit (**Not Refundable**) cheque payable to: **TASK Ltd.**

I confirm that the information I have given on this form is correct, that I have read the online Professional Practitioner Training Information (A hard copy can be requested) and fully understand my responsibilities as a student of T.A.S.K. AND I take full responsibility for my own health and health related decisions while I undertake this course.

Please affix a recent passport size photograph here.

Signed:	
Date:	

Thank you in advance for choosing to train with T.A.S.K.



TASK PROFESSIONAL PRACTITIONER COURSE INFORMATION PACK
TRAINING, STRUCTURE, CONDUCT, VENUE, DATES, FEES & APPLICATION FORM
(UPDATED 25/03/2015)

Produced by The Academy of Systematic Kinesiology.
Copyright ©TASK Ltd